

WHAT TO EXPECT AT A CHIROPRACTIC OFFICE



If you have not been to a chiropractor before, you might be wondering what would happen at your first visit if you visited one. Although your experience could be somewhat different depending on which office you went to, we can describe what your visit would be like in our office.

When you arrive, you can expect to be greeted with respect and courtesy by our conscientious and friendly staff. You will then be asked to complete a few forms so that you can accurately share your concerns and your current state of health with the doctor.

We believe a very thorough evaluation of your condition is essential to determining the best course of action to restore your health. The doctor will consult with you to understand your concerns better and further evaluate your health. He/she will then determine which type of examination procedures will best benefit your specific needs. The doctor will examine your spine and nervous system through a number of diagnostic tests and by utilizing state-of-the-art examination procedures. The diagnostic tools that may be used in order to best understand the health of your spine include, but are not limited to, X-rays, surface electromyography, and computerized infrared thermography. All of these tests are performed right in our office. (For a description of the above tests, please visit www.harperchiro.ca)

After a thorough analysis and investigation, the doctor will report and show you, usually in a subsequent visit, what was found and if and how we can help you. You will then be in a good position to make informed choices about your care, and to decide which course of action you would like to follow.

Very often the cause of dysfunction in the body is a vertebral subluxation. Chiropractors are experts in locating and correcting subluxations. The chiropractor's most common course of action is the adjustment, which restores the normal flow of neural information by correcting subluxations.

There you have it. If the fear of the unknown has kept you from visiting a chiropractor, do not wait any longer. Call us for a consultation, and be assured that you will have a very thorough evaluation and report of our findings, performed with the utmost level of professionalism, integrity and respect.

Dr. Liana Harper and Dr. Pierre Gaulin are in private practice in Coaldale, and are the proud parents of two healthy children. They can be reached at

Harper Chiropractic Health Centre at 345-2266

or their website at

www.harperchiro.ca

Disclaimer: The above represents the opinion of the authors, based on extensive research and years of clinical practice. It is not intended for self-diagnosis and treatment. Please consult a health care professional as your specific condition might require different recommendations.