

THE SILENT MIRACLE



In a chiropractic office, we have the wonderful opportunity to see lives change on a daily basis. In some cases, we call these changes "chiropractic miracles." A father, who could not go to work and support his family, can now do so. A mother, tormented with daily headaches and migraines, is now free of pain and can care for and be patient with her child. A lady avoids a dangerous stomach surgery after a few weeks of care and can eat again. A heart arrhythmia or fibrillation vanishes. Asthma is improved.

As chiropractors, some of the best miracles we see, happen to children: a four-year-old can start talking and says "I love you" to her mom for the first time. Ear infections, bed-wetting, asthma, sleeping disorders, ADD/ADHD improve or even disappear without the use of dangerous medications.

It is always very rewarding to see these changes happen in patients' lives. But today, we want to bring your attention to something we call "the silent miracle."

The silent miracle usually goes unnoticed. It is definitely not as spectacular as these other miracles, but it is just as rewarding.

The silent miracle relates to the story of a child who is brought to the chiropractor for an evaluation, just to make sure baby's nervous system is working its best. Often this is right after birth, whether or not symptoms are present. They are checked for subluxations, and if present, they are easily corrected with a light adjustment. How often do babies have subluxations? According to German researcher G. Gutmann, MD, Ph.D., a "spinal check-up after birth should be obligatory." His studies, spanning over a period of 35 years, concluded that over 80% of all children have a subluxation at birth.

The child is then regularly checked throughout his/her childhood, because he/she is so active that little accidents happen, and growing so fast makes misalignments even worse. That child seems so much healthier and brighter than other kids. He/she most often will not get as many colds, flus, ear infections and will recover fast from these. Dr. Ronald Pero, Ph.D., chief of cancer prevention research at New York's Preventive Medicine Institute and Professor of medicine at New York University, found through advanced research that regular chiropractic patients have 200% better immune competence than non-chiropractic patients. Very significant!

Who knows? Without those adjustments maybe this child would have had a weak immune system, asthma, ADHD or some other condition. We will never know. But what we know is that their nervous system is working as perfectly as it can and that the child's potential for life, health and achievement is the best possible. And that, my friends, is "the silent miracle."

Optimizing your health and the health of your loved ones, and offering you a silent miracle is a privilege and honor. And it's the most rewarding part of our job. Maybe you or your loved ones have a subluxation that needs to be checked?

Watch for our column in two weeks, we will talk about sports performance just before the summer is here!

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Disclaimer: The above represents the opinion of the authors, based on extensive research and years of clinical practice. It is not intended for self-diagnosis and treatment. Please consult a health care professional as your specific condition might require different recommendations.