

# Birth Trauma

Traumatic Birth Syndrome (TBS) accounts for a high percentage of health problems chiropractors see even in adults. Believe it or not, this is a huge problem, which is largely misdiagnosed and under reported. During the process of delivery, there is tremendous stress placed on the head and neck of the baby and often this stress causes Vertebral Subluxations of the very delicate spinal bones of the infant. This, in turn, affects the spinal cord and parts of the nervous system of the baby and can produce a myriad of health problems. These can appear seemingly unrelated to the process of delivery, and can affect your child months or years later. Subluxations associated with birth trauma can cause SIDS, colic, hyperactivity, chronic ear infections, lowered resistance, asthma, bed-wetting, loss of

focus in school, constipation, colitis, and a multitude of others. According to German researcher G. Gutmann, MD, Ph.D., a "spinal check-up after birth should be obligatory." His studies, spanning over a period of 35 years, concluded that over 80% of all children have a subluxation at birth.

Why is this so important you ask?

Your child's spine is her/his lifeline. Running through it is the spinal cord containing billions of nerves that send vital messages and information from the brain to every part of the body and back again. Yes, we all have our own internal Internet! As long as none of these messages are interrupted, your child should have optimal function and the best of health! If, however, there is an interference with this "information highway," - a vertebral subluxation, the messages sent by the brain will not properly reach the part of the body they are intended to reach. As a result, the body begins to work improperly. It can be a serious threat to health. This interference will also affect your baby's immune system, lower body resistance and leave your child prey to various "bugs" and infections. Dr. Ronald Pero, Ph.D., chief of cancer prevention research at New York's Preventive Medicine Institute and Professor of medicine at New York University, found through advanced research that regular chiropractic patients have 200% better immune competence than non-chiropractic patients. Very significant!

This is why it is so important to have children and babies checked by a chiropractor for the presence of subluxations affecting their nervous system. Visit our website at [www.harperchiro.ca](http://www.harperchiro.ca) to learn more.

***Watch for our column in two weeks in which we will start covering more specific conditions as it relates to your children's health.***

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**[www.harperchiro.ca](http://www.harperchiro.ca)**

*Disclaimer: The above represents the opinion of the authors, based on extensive research and years of clinical practice. It is not intended for self-diagnosis and treatment. Please consult a health care professional as your specific condition might require different recommendations.*